
DALLAS INDEPENDENT SCHOOL DISTRICT, TX

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2h. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	11.1	3.5	11.9	3.8	11.5	2.7
Hispanic	15.5	3.6	12.8	3.6	14.2	2.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	14.3	3.2	12.0	2.4	13.1	1.7
Total	14.4	3.1	12.0	2.4	13.2	1.7
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	48.8	5.6	53.2	5.0	51.2	3.3
Hispanic	65.9	5.2	59.2	5.5	62.8	2.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	59.6	3.7	56.7	3.6	58.2	2.0
Total	59.4	3.7	56.9	3.5	58.2	2.0

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 3h. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	—	—
Black [†]	92.8	3.0	91.4	3.4	92.2	2.2
Hispanic	90.9	3.6	91.3	3.9	91.1	2.8
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	91.5	2.5	90.0	2.9	90.9	1.9
Total	91.1	2.5	90.1	2.8	90.7	1.9
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	90.8	5.9	89.8	3.9	90.3	3.7
Hispanic	86.6	5.9	90.4	5.6	88.4	4.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	89.1	3.8	88.5	3.6	88.8	2.6
Total	88.8	3.9	88.4	3.5	88.7	2.7

*Among 71.9% of students who had ridden a bicycle.

†Among 42.6% of students who used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4h. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	—	—
Black [¶]	50.5	6.5	25.6	4.8	37.7	4.1
Hispanic	60.5	5.3	20.9	4.7	41.5	3.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	57.5	4.1	23.2	3.2	40.6	2.4
Total	57.8	4.1	23.2	3.3	40.7	2.4
Were in a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	88.8	3.5	72.4	5.6	80.5	3.4
Hispanic	79.8	3.8	51.3	5.0	66.2	3.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	83.5	2.6	60.6	3.4	72.2	2.0
Total	83.3	2.6	60.5	3.3	72.1	2.0
Were hurt in a physical fight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	8.6	3.8	5.8	2.7	7.2	2.1
Hispanic	9.2	2.7	4.0	2.0	6.9	1.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	9.5	2.2	5.1	1.8	7.4	1.4
Total	9.3	2.2	5.0	1.8	7.3	1.4

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 5h. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	20.7	4.3	27.5	5.2	24.1	3.3
Hispanic	16.1	3.1	39.7	4.1	27.5	2.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	18.5	2.3	35.1	3.4	26.7	1.9
Total	18.8	2.3	35.1	3.3	26.9	1.9
Made a plan about how to kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	10.6	3.4	14.3	4.5	12.5	2.9
Hispanic	9.9	2.7	25.5	4.6	17.4	2.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	10.8	2.4	21.5	3.5	16.1	2.0
Total	10.8	2.4	21.3	3.5	16.0	2.0
Tried to kill themselves						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	11.3	3.5	12.1	4.2	11.7	2.7
Hispanic	6.6	2.2	17.1	3.7	11.7	2.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	9.3	2.1	15.3	2.9	12.2	1.7
Total	9.2	2.1	15.5	2.9	12.4	1.7

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 6h. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	56.7	5.9	55.7	5.6	56.1	4.2
Hispanic	64.0	5.4	54.2	5.0	59.2	3.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	61.2	4.5	54.8	3.7	58.0	3.0
Total	61.3	4.5	54.9	3.7	58.0	2.9
Lifetime daily cigarette use^{**}						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	5.6	2.4	4.0	1.9	4.8	1.5
Hispanic	10.1	3.3	4.9	2.2	7.6	2.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	9.6	2.2	5.4	1.9	7.5	1.3
Total	9.8	2.2	5.5	1.8	7.7	1.3

*95% confidence interval.

†Ever tried cigarette smoking, even one or two puffs.

§Non-Hispanic.

¶Not available.

**Ever smoked at least one cigarette every day for 30 days.

Table 7h. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	11.1	3.7	10.8	3.1	10.9	2.3
Hispanic	22.9	5.4	15.1	4.3	19.1	3.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	18.8	3.7	14.1	2.6	16.5	2.3
Total	19.0	3.7	14.3	2.5	16.6	2.2
Current frequent cigarette use^{**}						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	1.0	0.9	0.0	0.0	0.5	0.4
Hispanic	3.9	1.9	2.1	1.5	3.1	1.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	3.1	1.4	2.1	1.2	2.6	0.9
Total	3.3	1.4	2.0	1.2	2.6	0.9

*95% confidence interval.

†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.

§Non-Hispanic.

¶Not available.

**Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8h. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,† and Used Any Tobacco Product,§ by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	— ^{††}	—	—	—	—	—
Black**	3.0	2.2	1.5	1.2	2.2	1.5
Hispanic	7.4	2.8	4.8	2.2	6.2	1.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	6.5	2.0	3.2	1.4	4.8	1.2
Total	7.0	2.2	3.4	1.4	5.2	1.3
Current cigar use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	12.4	3.6	12.5	3.7	12.4	2.8
Hispanic	18.6	3.9	13.0	3.8	15.8	2.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	16.2	2.6	12.9	2.3	14.5	1.8
Total	16.6	2.7	13.1	2.3	14.8	1.8
Current tobacco use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	16.1	4.0	16.9	4.3	16.5	2.9
Hispanic	25.9	5.4	18.8	4.7	22.4	3.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	22.8	3.7	18.4	2.8	20.6	2.3
Total	22.9	3.7	18.6	2.8	20.7	2.2

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.†Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.§Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 9h. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	—	—
Black [¶]	61.0	6.4	65.0	4.9	63.1	4.0
Hispanic	74.2	4.3	67.9	5.0	71.0	3.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	69.8	3.8	67.0	3.5	68.3	2.7
Total	69.7	3.8	66.9	3.5	68.2	2.7
Lifetime marijuana use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	29.3	5.5	21.9	4.9	25.6	4.2
Hispanic	40.7	4.8	27.0	4.8	34.0	3.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	36.0	3.6	25.1	3.2	30.5	2.4
Total	36.0	3.6	24.8	3.1	30.4	2.4
Lifetime cocaine use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	3.4	2.4	2.9	1.4	3.2	1.5
Hispanic	14.1	3.1	12.9	3.3	13.5	2.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	10.3	2.1	9.2	2.3	9.8	1.7
Total	10.5	2.2	9.4	2.2	10.0	1.7

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 10h. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	13.3	3.7	13.5	4.0	13.4	2.8
Hispanic	14.2	3.5	17.4	3.5	15.7	2.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	14.5	2.5	16.3	2.3	15.4	1.6
Total	14.6	2.6	16.7	2.3	15.6	1.6
Lifetime steroid use						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	5.0	3.1	4.1	2.3	4.7	1.7
Hispanic	3.0	1.6	3.7	1.7	3.3	1.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	4.2	1.4	3.8	1.1	4.0	0.9
Total	4.4	1.4	3.9	1.2	4.2	0.9

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

¶Not available.

Table 11h. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	8.0	3.7	6.0	2.3	7.0	2.2
Hispanic	15.8	4.2	8.5	3.0	12.2	2.2
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	13.8	2.9	8.3	2.0	11.0	1.5
Total	14.2	3.0	8.3	2.0	11.2	1.6
Had first drink of alcohol before age 11 years[†]						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	23.3	5.0	25.0	4.6	24.1	3.3
Hispanic	30.2	4.5	20.9	3.6	25.6	2.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	28.3	3.7	22.3	2.6	25.2	2.2
Total	28.3	3.7	22.3	2.6	25.2	2.2
Tried marijuana before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	4.7	2.5	3.1	1.6	3.8	1.5
Hispanic	9.6	3.5	3.7	2.0	6.7	2.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	7.8	2.5	3.4	1.2	5.6	1.4
Total	7.7	2.5	3.4	1.2	5.5	1.4

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[†]Other than a few sips.

Table 12h. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ever had sexual intercourse						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	65.3	5.6	37.1	5.9	50.5	4.4
Hispanic	42.8	6.0	18.4	4.1	31.0	4.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	50.4	4.2	26.6	3.3	38.4	2.7
Total	50.5	4.2	26.7	3.3	38.5	2.7
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	20.8	5.0	3.7	2.4	11.8	3.1
Hispanic	7.3	2.9	1.5	1.3	4.4	1.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	12.5	3.0	2.4	1.3	7.4	1.6
Total	13.0	3.0	2.4	1.3	7.6	1.7
Had ≥ 3 sex partners						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	33.1	5.4	7.3	3.1	19.6	3.3
Hispanic	15.7	4.8	4.9	2.0	10.3	2.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	22.1	3.7	6.6	1.9	14.3	2.2
Total	22.4	3.7	6.7	1.9	14.4	2.2

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 13h. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White [§]	— [¶]	—	—	—	—	—
Black [§]	78.3	6.2	72.9	8.1	76.3	4.9
Hispanic	66.6	6.9	—	—	59.3	6.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	71.3	4.6	60.6	6.4	67.3	4.3
Total	71.0	4.7	60.4	6.3	67.1	4.2
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	74.1	5.6	76.5	4.1	75.2	3.5
Hispanic	62.9	4.9	62.1	4.6	62.4	3.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	67.7	3.2	67.8	3.4	67.7	2.3
Total	67.5	3.2	67.9	3.4	67.6	2.3

*Among 38.5% of students who ever had sexual intercourse.

[†]95% confidence interval.

[§]Non-Hispanic.

[¶]Not available.

Table 14h. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,† and Who Had Watched ≥ 3 Hours per Day of TV,§ by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	— ^{††}	—	—	—	—	—
Black**	74.6	5.3	60.6	6.2	67.3	3.8
Hispanic	72.2	4.6	60.2	4.9	66.2	3.9
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	73.6	3.7	59.9	3.5	66.7	2.6
Total	73.4	3.6	59.7	3.5	66.5	2.7
Played on any sports teams						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	66.1	5.4	45.3	6.5	55.4	3.9
Hispanic	43.1	5.0	25.4	4.3	34.4	3.6
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	51.9	3.8	34.2	3.7	43.1	2.8
Total	51.7	3.7	34.3	3.8	42.9	2.8
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	72.9	5.3	76.3	4.4	74.7	3.1
Hispanic	59.5	5.7	63.3	4.4	61.2	4.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	64.5	4.0	66.6	3.5	65.5	2.9
Total	64.7	4.0	66.9	3.4	65.8	2.9

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

†Run by their school or community groups.

§On an average school day.

¶95% confidence interval.

**Non-Hispanic.

††Not available.

Table 15h. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,[†] by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	—	—
Black [†]	67.1	5.9	58.2	5.7	62.6	3.9
Hispanic	53.8	4.8	49.2	5.4	51.7	3.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	59.0	3.8	53.1	3.7	56.1	2.8
Total	58.9	3.7	53.0	3.6	56.1	2.8
Attended PE class daily						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	23.9	5.9	24.4	5.6	24.1	4.4
Hispanic	26.0	3.9	21.4	4.3	23.9	3.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	25.3	3.3	22.9	3.3	24.2	2.6
Total	25.1	3.2	22.8	3.2	24.0	2.6

*On one or more days in an average week when they were in school.

[†]5 days in an average week when they were in school.

[§]95% confidence interval.

[¶]Non-Hispanic.

^{**}Not available.

Table 16h. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,[†] by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	— ^{**}	—	—	—	—	—
Black [†]	18.1	4.5	24.7	5.2	21.5	3.8
Hispanic	17.2	3.7	21.3	4.4	19.0	3.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	17.0	2.6	22.9	3.5	19.9	2.4
Total	17.0	2.6	23.0	3.5	19.9	2.4
Overweight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	16.1	5.2	13.9	4.0	15.0	3.5
Hispanic	23.5	5.0	12.9	3.8	18.6	3.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	20.2	3.8	12.7	2.7	16.5	2.6
Total	20.3	3.9	12.6	2.7	16.5	2.7

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

[†]Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

[§]95% confidence interval.

[¶]Non-Hispanic.

^{**}Not available.

Table 17h. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	15.3	4.4	29.8	5.1	22.8	3.3
Hispanic	29.6	5.0	37.6	5.1	33.6	3.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	23.7	3.3	35.0	3.9	29.4	2.6
Total	24.1	3.4	34.7	3.9	29.6	2.6
Were trying to lose weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	29.6	5.4	50.9	5.1	40.6	3.7
Hispanic	48.1	4.9	59.1	5.5	53.4	4.3
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	40.3	3.5	57.1	3.9	48.6	2.9
Total	40.0	3.5	56.8	3.8	48.4	2.9

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

Table 18h. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	33.4	6.2	47.3	5.7	40.4	4.1
Hispanic	36.8	4.4	55.1	5.1	45.8	3.4
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	35.4	3.3	53.6	3.5	44.5	2.4
Total	35.8	3.4	53.4	3.4	44.6	2.3
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	62.4	7.3	73.6	4.5	68.2	4.1
Hispanic	71.7	4.5	77.7	3.9	74.7	3.0
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	67.0	4.3	77.2	2.8	72.1	2.6
Total	66.9	4.2	76.8	2.8	71.9	2.6

*95% confidence interval.

[†]Non-Hispanic.[§]Not available.

Table 19h. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—Dallas ISD, TX, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for ≥ 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	— [§]	—	—	—	—	—
Black [†]	16.9	4.7	27.8	4.4	22.4	3.6
Hispanic	18.0	3.7	27.2	4.1	22.4	2.7
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	17.4	2.8	28.5	3.0	22.9	2.1
Total	17.7	2.8	28.5	3.0	23.0	2.1
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[¶]						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	6.7	3.4	10.6	3.4	8.7	2.8
Hispanic	7.0	2.9	12.5	2.6	9.7	2.1
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	7.2	2.3	12.2	2.1	9.7	1.7
Total	7.2	2.3	12.3	2.1	9.7	1.7
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	—	—	—	—	—	—
Black	8.5	3.3	10.1	3.1	9.3	2.2
Hispanic	6.0	2.3	9.7	3.0	7.8	1.8
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	—	—
8	6.7	1.8	10.2	2.6	8.4	1.5
Total	6.9	1.8	10.2	2.6	8.5	1.6

*95% confidence interval.

[†]Non-Hispanic.

[§]Not available.

[¶]Without a doctor's advice.